

# *Spiritual*

## *Candle Color Meanings*

<b>White/Clear</b>	<b>clarity of vision, protection, peace, purity, life force relieving of pain, self, innocence, meditation, truth, forms of healing, integration of body mind and soul, psychic matters, purification, beginning a new phase, all purpose color when in doubt about which color to use</b>	<b>Crown 7th Chakra</b>  Spirit, Intuition, Higher Consciousness
--------------------	--	--

<b>Red</b>	<b>power, courage, love, passion energy, enthusiasm, vitality, restoring energy levels, attracts luck, determination, fire, spirituality, protection, strength, stimulating cell growth, fertility, relieving sexual dysfunctions, exorcism, attracts and magnetizes</b>	<b>Base 1st Chakra</b> Bones, Colon, Legs, Kidneys, Spinal column
------------	--	---

**Orange**

**confidence, gentle strength,  
warmth energy, joy,  
attraction, optimism,  
gaining knowledge,  
adaptability, changing luck,  
desire, needs, eases arthritis,  
menstrual problems,  
strengthens immune system,  
good for allergies,  
will to succeed, stimulation,  
attraction, courage balanced  
with knowledge, success**

Sacral  
**2nd Chakra**  
Bladder  
Prostate,  
Reproductive  
System,  
Spleen

**Yellow**

**happiness, clairvoyance,  
learning, mind, intellect,  
communication,  
willpower,  
harmony, creativity,  
charm,  
stimulates the  
nervous system,  
calms anxieties and stress,  
achievement, divination,  
accuracy, swiftness**

Solar Plexus  
**3rd Chakra**  
Stomach,  
pancreas,  
liver,  
gallbladder  
muscles

**Green**

**calm, heart, emotions,  
resting, fertility, peace,  
prosperity, gentle growth  
balance, employment,  
money, finances,  
healing infections, luck,  
herb magic, faery,  
lowers blood pressure,  
healing color,  
stimulates cell and  
tissue growth,  
panic attracts,**

**Heart  
4th Chakra  
Arms,  
Breathing,  
Hands,  
Heart,  
Thymus**

**Turquoise**

**tranquillity, awareness,  
meditation, moon,  
creativity, empathy,  
altruism, wisdom,  
communication, loyalty,  
luck, friendship,  
strengthens  
immune system,  
calming for the nerves,  
for skin problems asthma  
and bronchitis,  
good for inflammations**

**Throat  
5th Chakra  
Mouth,  
Throat  
Area,  
Speech**

## Blue

ideals, healing, antiseptic  
lowers blood pressure  
psychics, happiness,  
patience, meditation,  
tranquillity, forgiveness,  
dreams, karma, balance,  
soothing, cooling, headaches  
teething pains, insomnia  
inflammations, idealism,  
occult protection,  
business, law, commerce,  
truth, justice,  
overcoming obstacles  
*Light Blue:*  
peace, tranquillity, harmony

Throat  
**5th Chakra**

Mouth,  
Throat  
Area,  
Speech

## Purple

inner vision, spirituality,  
spiritual strength, wisdom,  
psychic awareness,  
linking to higher planes,  
colour of the soul evolving,  
growing, meditation  
strong healing, success,  
spirit communication  
*Lavender:* increases  
the power of herbs,  
oils, flowers and tree  
essences in healing  
*Violet:* asthma, allergies,  
sleep problems

Indigo  
Brow, Third Eye  
**6th Chakra**  
Hearing,  
Smelling,  
Vision,  
Pituitary Gland  
Violet

**Indigo**

*Indigo:*  
good for skin problems,  
migraines,  
nervous system,  
heals deep tissue  
and bones  
also a natural  
sleep inducer

Crown  
**7th Chakra**  
Nerves,  
Thought,  
Will Power,  
Action

**Rose Pink**

unconditional love,  
reconciliation, optimism,  
friendship, gentleness,  
harmony, soothing loss,  
gentle healing,  
restful sleep,  
pleasant dreams,  
emotional love,  
affection, peace,  
femininity, head pains,  
spiritual awakening  
honor, romance,  
helps soothing  
children in hyperactivity  
and fretting,  
good for eye problems  
and ear complaints,  
raises vibrations,  
spiritual healing

Heart  
**4th chakra**  
Heart,  
emotions

**Magenta**

**everyday spirituality,  
menopause,  
midlife crisis,  
removing spiritual  
blockage,  
service to others**

**Brown**

**Nuturing,  
protective shielding  
earthing power,  
healing homes,  
natural wisdom,  
nature affinity,  
healing stress,  
restoring physical  
energy, healing  
for earth and animals,  
strength giving in  
seemingly hopeless  
situations,  
attracting money,  
studying, good for  
bone healing and  
intestinal problems,  
grounding, stability**

**Grey**

**compromise,  
adaptability,  
relieving subconscious  
inner conflicts,  
healing for  
immune system,  
good for calming stress,  
aiding peaceful dreams,  
good for bone healing,  
neutralising,  
absorbs and repels**

**Black**

**negation, retribution,  
communing with the dead,  
transitions, regeneration,  
acceptance of life and  
mortality,  
absorption of disease  
and negativity, truth,  
removing hexes,  
spirit contact,  
stress and trauma,  
aids working through loss,  
denotes endings and the  
seeds of new beginnings,  
absorbing, removing,  
banishing, binding,  
Hidden, Unknowing**

**Hidden,  
Unknowing**

**Silver**

**visions,  
meaningful dreams,  
intuition, fulfilment,  
brings forth potential,  
goddess energy,  
moon magic,  
aids menstrual healing  
and reproductive system  
problems, psychic  
development, helps  
with hormonal problems  
removing negativity,  
eases nightmares,  
money, balance.**

**Gold**

**Perfection,  
great achievement,  
wealth, longevity,  
immortality,  
spirituality, sun,  
most  
powerful healing colour-  
for chronic conditions,  
divination, success,  
overcoming  
addictions ,compulsions,**

**Crown  
7th Chakra  
Nerves,  
Thought,  
Will Power,  
Action**

To keep up to date new E-product releases, spiritual artwork, inspirational stories, reviews, new poems, quotes and web-discoveries, additions to the website , new printable .pdf Info files and Fun Freebies sign up for “[The Spiritual Woman](#)” Ezine, its free, so easy to keep in touch..

## Candle Resources:

I love the Chakra and the Zodiac candles at [Paganweb](#), the 7 day colored ones are my everyday style and on my wish list are some of the female colored candles, beautiful.

Enjoy more  
[Freebies](#), [Spiritual E-Books](#), [Printables](#)  
[Free Spiritual E-Cards](#), [Art Gallery](#) at  
“The Spiritual Woman”  
[www.religions-and-spiritualities-guide.com](http://www.religions-and-spiritualities-guide.com)

Lila \*Star\*